

Club / Society: Women's Football
Event / Activity: Core Activity (Training / BUCS Fixtures)
Date of Activity: N/A (Weekly Training)
RA Completed By: Karl Swales

Location of Event / Activity: Foss Sports Hall/ YSJU Sports Park
Date of Risk Assessment: Thursday 25th August 2016
RA Verified By (SU Use Only):

Hazard	Who May be Harmed?	Risk Score (without EC)	Existing Controls (EC)	Risk Score (with EC)
Trips / Slips / Falls / Collisions with Other Players	Players / Session Participants / Observers in the Crowd / Match Officials / Coaches	10	<ul style="list-style-type: none"> ▪ All training sessions are delivered by a coach who holds at least UKCC Level 1 Football ▪ Immediate first aid provision can be given to injured participants by club members / staff at YSJU Sports Park ▪ Participants are informed and advised on correct footwear / clothing (participants without correct clothing / equipment are asked not to participate) ▪ Sessions are abandoned in adverse weather conditions ▪ Pitch inspection is completed prior to training / matches ▪ Committee aware of how to call First Aid 	3
Muscle Strains / Bruising / Cuts / Bleeding	Players / Session Participants / Match Officials	10	<ul style="list-style-type: none"> ▪ All participants / players must engage with an appropriate warm-up prior to training / competitive BUCS fixtures ▪ Players / participants suffering from muscle strains / bruising / cuts are immediately given the appropriate first aid provision ▪ Any player suffering severe injury in game must seek further medical attention 	3
Dislocation / Broken Bones	Players / Session Participants / Match Officials	10	<ul style="list-style-type: none"> ▪ Contact emergency services (999) and YSJ-Active staff present at the facility immediately ▪ First aiders / Pitchside Physio to perform initial first aid treatment at fixtures ▪ Ensure a member of the team / YSJ-Active Staff / SU Staff is ready to meet the ambulance / paramedics on their arrival at YSJU Sports Park 	5

Head / Spinal Injury	Players / Session Participants / Match Officials	15	<ul style="list-style-type: none"> ▪ If an individual is suspected to have suffered from a spinal / head injury the individual must NOT be moved ▪ Emergency services (999) and YSJ-Active staff present at the facility must be notified immediately ▪ Ensure a member of the team / YSJ-Active Staff / SU Staff is ready to meet the ambulance / paramedics on their arrival at YSJU Sports Park 	3
Poor Quality Coaching	Players / Session Participants	5	<ul style="list-style-type: none"> ▪ All individuals delivering sessions are required to have at least relevant Football certification. This must be documented and kept on file at the Students' Union ▪ All coaches are advised to engage in continued professional development (CPD 	1
Poor Pitch Quality / Maintenance	Players / Session Participants / Match Officials	3	<ul style="list-style-type: none"> ▪ Before use ground staff / YSJ-Active should complete a pitch inspection removing any harmful / foreign objects from the pitch / surrounding area ▪ Students' Union / YSJ-Active will advise when the pitch is unplayable due to adverse weather conditions and / or the quality of the pitch 	1
Goalposts / Corner Flags	Players / Session Participants / Match Officials	3	<ul style="list-style-type: none"> ▪ Corner flags should not have metal bases, they should be flexible enough so that players do not incur injury if contact is made ▪ Goalposts on wheels must be taken off wheels prior to training / BUCS fixtures (YSJ Active to complete duty, coach / players to ensure duty is carried out) 	1
Sharp Studs / Incorrect Footwear	Players / Session Participants / Match Officials / Coaches	10	<ul style="list-style-type: none"> ▪ Players / session participants must wear footwear advised by YSJSU / YSJ-Active on different playing surfaces and in the fitness suite ▪ Before each competitive fixtures referees will check each players boots to ensure the studs are suitable and safe ▪ Individuals opting to wear screw in studs (for grass pitch games) are advised to regularly tighten studs to avoid rolling their ankle 	4

Use of Fitness Suite / Gym	Performance Conditioning Session Participants	10	<ul style="list-style-type: none"> ▪ All Performance Conditioning sessions must be lead and supervised by a PC intern and / or a full time member of YSJ-Active staff ▪ Participants must only lift weight they are comfortable with and inform the individual/s delivering the session if at any time they feel endangered ▪ Session deliverers/ participants should be made aware of the risk assessment already completed by YSJ-Active 	5
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Risk Assessment Severity and Likelihood Matrix

		Severity					
		Minor injuries or discomfort, no medical treatment or measurable physical effects	Injuries of illness requiring medical treatment, temporary impairment	Injuries or illness requiring hospital admission	Injury of illness requiring hospital admission, injury resulting in permanent impairment	Fatality	
		Not Significant (Severity = 1)	Minor (Severity = 2)	Moderate (Severity = 3)	Major (Severity = 4)	Severe (Severity = 5)	
Likelihood	Expected to occur regularly under normal circumstance	Almost Certain (Likelihood = 5)	Medium (Risk = 5)	High (Risk = 10)	Very High (Risk = 15)	Very High (Risk = 20)	Very High (Risk = 25)
	Expected to occur at some time	Likely (Likelihood = 4)	Medium (Risk = 4)	High (Risk = 8)	High (Risk = 12)	Very High (Risk = 16)	Very High (Risk = 20)
	May occur at some time	Possible (Likelihood = 3)	Low (Risk = 3)	Medium (Risk = 6)	High (Risk = 9)	High (Risk = 12)	Very High (Risk = 15)
	Not likely to occur in normal circumstances	Unlikely (Likelihood = 2)	Low (Risk = 2)	Low (Risk = 4)	Medium (Risk = 6)	Medium (Risk = 8)	High (Risk = 10)
	Could happen but probably never will	Rare (Likelihood = 1)	Low (Risk = 1)	Low (Risk = 2)	Low (Risk = 3)	Low (Risk = 4)	Medium (Risk = 5)

Please note that this risk assessment has been completed using the above matrix to calculate severity, likelihood and overall risk scores.

If you have any questions in regards to the completion of your risk assessment please contact k.swales@yorksj.ac.uk (Sport) or v.firth1@yorksj.ac.uk (Societies)