

**Club / Society:** Thai Boxing Club  
**Event / Activity:** Core Activity (Training)  
**Date of Activity:** N/A (Weekly Training)  
**RA Completed By:** Karl Swales

**Location of Event / Activity:** University Temple Hall/Sports Park  
**Date of Risk Assessment:** Thursday 25<sup>th</sup> August 2016  
**RA Verified By (SU Use Only):**

| Hazard                                                    | Who May be Harmed?                             | Risk Score (without EC) | Existing Controls (EC)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | Risk Score (with EC) |
|-----------------------------------------------------------|------------------------------------------------|-------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------|
| Trips / Slips / Falls / Collisions with Other Individuals | All Session Participants / Coaches / Observers | 10                      | <ul style="list-style-type: none"> <li>▪ Immediate first aid provision can be given to injured participants by club members / staff on YSJ University Campus</li> <li>▪ Participants are informed and advised on correct footwear / clothing (participants without correct clothing / equipment are asked not to participate)</li> <li>▪ Sessions are abandoned if indoor lighting is poor and putting participants at risk</li> <li>▪ Inspection of Foss Sports Hall is completed prior to training / competitions</li> <li>▪ Committee aware of how to call First Aid</li> <li>▪ All training sessions must be taken by a competent coach who has the necessary coaching credentials</li> <li>▪ No playing / training on wet surfaces</li> <li>▪ Ensure that the court and surrounding area is clear before training / BUCS fixtures</li> </ul> | 3                    |
| Poor Quality Coaching                                     | Session Participants                           | 10                      | <ul style="list-style-type: none"> <li>▪ All individuals delivering sessions are required to have relevant Thai Boxing Coaching credentials. This must be documented and kept on file at the SU</li> <li>▪ All coaches are advised to engage in continued professional development (CPD)</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | 3                    |
| Muscle Strains / Bruising / Cuts / Bleeding               | Session Participants                           | 10                      | <ul style="list-style-type: none"> <li>▪ All participants / players must engage with an appropriate warm-up prior to training / competitive BUCS fixtures</li> <li>▪ Players / participants suffering from muscle strains / bruising / cuts are immediately given the appropriate first aid provision</li> <li>▪ Any player suffering severe injury in game must seek further medical attention</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                        | 5                    |

|                                            |                                                     |    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |    |
|--------------------------------------------|-----------------------------------------------------|----|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|
| Head / Spinal Injury                       | Session Participants                                | 20 | <ul style="list-style-type: none"> <li>▪ If an individual is suspected to have suffered from a spinal / head injury the individual must NOT be moved</li> <li>▪ Emergency services (999) and YSJ-Active staff present at the facility must be notified immediately</li> <li>▪ Ensure a member of the team / YSJ-Active Staff / SU Staff is ready to meet the ambulance / paramedics on their arrival at YSJ University and lead them to Foss Sports Hall</li> </ul>                                       | 10 |
| Poor Hall Quality / Maintenance            | Session Participants                                | 10 | <ul style="list-style-type: none"> <li>▪ Before use committee / YSJ-Active should complete a court inspection removing any harmful / foreign objects from the pitch / surrounding area</li> <li>▪ Students' Union / YSJ-Active will advise when the hall is unusable due to poor lighting and / or the quality of the hall / hall floor</li> </ul>                                                                                                                                                        | 3  |
| Inexperienced Players (Beginners)          | Inexperienced Individuals Participating in Sessions | 10 | <ul style="list-style-type: none"> <li>▪ All players new to the game must be shown basic technique of a variety of skills to reduce chance of incurring and injury during training / competitive fixtures</li> <li>▪ Beginner players are encouraged to engage in training with other inexperienced / beginner individuals</li> </ul>                                                                                                                                                                     | 3  |
| Fire                                       | All Session Participants                            | 20 | <ul style="list-style-type: none"> <li>▪ All electrical equipment used must be PAT tested prior to its use at training sessions / competitions (ie stereo systems / CD players)</li> <li>▪ All club members must understand and know the fire evacuation procedure and know where the nearest fire assembly point is</li> <li>▪ In the case of a fire, all participants / players, coaches and spectators must follow the evacuation procedure and inform security at the earliest possibility</li> </ul> | 10 |
| Spectators / Members of Other Sports Teams | Spectators / Fans / Members of Other Sports Teams   | 5  | <ul style="list-style-type: none"> <li>▪ All spectators must be advised to keep well away from the mats during training and in competitive bouts. In the case spectators refuse to follow above instruction, security should be called.</li> </ul>                                                                                                                                                                                                                                                        | 1  |

|                                         |                                                 |   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |   |
|-----------------------------------------|-------------------------------------------------|---|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---|
| Use of Mats                             | All Session Participants                        | 5 | <ul style="list-style-type: none"> <li>▪ All sessions involving any ground combat / events where individuals may fall to the floor appropriate mats must be used</li> <li>▪ Mats used must be undamaged, any damage to mats must be reported to the Students' Union at the earliest opportunity</li> <li>▪ Mats should meet the appropriate guidelines / safety restrictions</li> </ul>                                                                                                  | 3 |
| Use of Equipment / Storage of Equipment | All Members of the Squad / Coaches              | 5 | <ul style="list-style-type: none"> <li>▪ Equipment must be checked for damage prior to every training session / use at competition, any damage to equipment must be reported the Students Union immediately, heavily damaged equipment must not be used for training sessions</li> <li>▪ All equipment must be stored safely in the allocated storage unit (Temple Hall Storage)</li> <li>▪ No new equipment is to be ordered without authorisation from the SU (Matt Walton)</li> </ul> | 3 |
| Trespassers Entering Temple Hall        | All Members of the Squad / Coaches / Spectators | 5 | <ul style="list-style-type: none"> <li>▪ Fire exits must not be opened for fresh air, if the door does need to be opened at least one member of the squad must stand by the door to ensure externals do not enter Temple Hall</li> <li>▪ If an external trespasses during training / competition University Security Staff must be informed immediately, members must not tackle or challenge the individual</li> </ul>                                                                  | 1 |

## Risk Assessment Severity and Likelihood Matrix

|            |                                                       | Severity                                                                          |                                                                       |                                                  |                                                                                          |                          |                          |
|------------|-------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------|--------------------------------------------------|------------------------------------------------------------------------------------------|--------------------------|--------------------------|
|            |                                                       | Minor injuries or discomfort, no medical treatment or measurable physical effects | Injuries of illness requiring medical treatment, temporary impairment | Injuries or illness requiring hospital admission | Injury of illness requiring hospital admission, injury resulting in permanent impairment | Fatality                 |                          |
|            |                                                       | Not Significant<br>(Severity = 1)                                                 | Minor<br>(Severity = 2)                                               | Moderate<br>(Severity = 3)                       | Major<br>(Severity = 4)                                                                  | Severe<br>(Severity = 5) |                          |
| Likelihood | Expected to occur regularly under normal circumstance | Almost Certain<br>(Likelihood = 5)                                                | Medium<br>(Risk = 5)                                                  | High<br>(Risk = 10)                              | Very High<br>(Risk = 15)                                                                 | Very High<br>(Risk = 20) | Very High<br>(Risk = 25) |
|            | Expected to occur at some time                        | Likely<br>(Likelihood = 4)                                                        | Medium<br>(Risk = 4)                                                  | High<br>(Risk = 8)                               | High<br>(Risk = 12)                                                                      | Very High<br>(Risk = 16) | Very High<br>(Risk = 20) |
|            | May occur at some time                                | Possible<br>(Likelihood = 3)                                                      | Low<br>(Risk = 3)                                                     | Medium<br>(Risk = 6)                             | High<br>(Risk = 9)                                                                       | High<br>(Risk = 12)      | Very High<br>(Risk = 15) |
|            | Not likely to occur in normal circumstances           | Unlikely<br>(Likelihood = 2)                                                      | Low<br>(Risk = 2)                                                     | Low<br>(Risk = 4)                                | Medium<br>(Risk = 6)                                                                     | Medium<br>(Risk = 8)     | High<br>(Risk = 10)      |
|            | Could happen but probably never will                  | Rare<br>(Likelihood = 1)                                                          | Low<br>(Risk = 1)                                                     | Low<br>(Risk = 2)                                | Low<br>(Risk = 3)                                                                        | Low<br>(Risk = 4)        | Medium<br>(Risk = 5)     |

Please note that this risk assessment has been completed using the above matrix to calculate severity, likelihood and overall risk scores.

If you have any questions in regards to the completion of your risk assessment please contact [k.swales@yorksj.ac.uk](mailto:k.swales@yorksj.ac.uk) (Sport) or [v.firth1@yorksj.ac.uk](mailto:v.firth1@yorksj.ac.uk) (Societies)