

Club / Society: Snow Sports

Event / Activity: Training Location of Event / Activity: Offsite (Castleford)

Date of Activity: N/A Weekly Training Date of Risk Assessment: Thursday 25<sup>th</sup> August 2016

RA Completed By: Karl Swales RA Verified By (SU Use Only):

Hazard	Who May be Harmed?	Risk Score (without EC)	Existing Controls (EC)	Risk Score (with EC)
Trips / Slips / Falls / Collisions with Other Players	All Session Participants / Coaches / Observers	10	<ul> <li>Immediate first aid provision can be given to injured participants by club members / staff on YSJ University Campus</li> <li>Participants are informed and advised on correct footwear / clothing (participants without correct clothing / equipment are asked not to participate)</li> <li>Sessions are abandoned if indoor lighting is poor and putting participants at risk</li> <li>Inspection of Foss Sports Hall is completed prior to training / competitions</li> <li>Committee aware of how to call First Aid</li> <li>All training sessions must be taken by a competent coach who has the necessary coaching credentials</li> <li>No playing / training on wet surfaces</li> <li>Ensure that the court and surrounding area is clear before training / BUCS fixtures</li> </ul>	З
Poor Quality Coaching	Players / Session Participants	10	<ul> <li>All individuals delivering sessions are required to have relevant Volleyball Coaching credentials. This must be documented and kept on file at the SU</li> <li>All coaches are advised to engage in continued professional development (CPD)</li> </ul>	α
Muscle Strains / Bruising / Cuts / Bleeding	Players / Session Participants / Match Officials	10	<ul> <li>All participants / players must engage with an appropriate warm-up prior to training / competitive BUCS fixtures</li> <li>Players / participants suffering from muscle strains / bruising / cuts are immediately given the appropriate first aid provision</li> <li>Any player suffering severe injury in game must seek further medical attention</li> </ul>	5



Head / Spinal Injury	Players / Session Participants / Match Officials	20	<ul> <li>If an individual is suspected to have suffered from a spinal / head injury the individual must NOT be moved</li> <li>Emergency services (999) and YSJ-Active staff present at the facility must be notified immediately</li> <li>Ensure a member of the team / YSJ-Active Staff / SU Staff is ready to meet the ambulance / paramedics on their arrival at YSJ University and lead them to Foss Sports Hall</li> </ul>	10
Use of External Facilities	Players / Session Participants	20	Due to the nature of the Sport and York St John University not owning a dry slope, the Club are to adopt the risk assessment of the hired training / competition venue. It is the responsibility of the Club to ask for risk assessments, and if necessary retain for their records.	5



## **Risk Assessment Severity and Likelihood Matrix**

			Severity				
			Minor injuries or discomfort, no medical treatment or measurable physical effects	Injuries of illness requiring medical treatment, temporary impairment	Injuries or illness requiring hospital admission	Injury of illness requiring hospital admission, injury resulting in permanent impairment	Fatality
		Not Significant (Severity = 1)	Minor (Severity = 2)	Moderate (Severity = 3)	Major (Severity = 4)	Severe (Severity = 5)	
Likelihood	Expected to occur regularaly under normal circumstance	Almost Certain (Likelihood = 5)	Medium (Risk = 5)	High (Risk = 10)	Very High (Risk = 15)	Very High (Risk = 20)	Very High (Risk = 25)
	Expected to occur at some time	Likely (Likelihood = 4)	Medium (Risk = 4)	High (Risk = 8)	High (Risk = 12)	Very High (Risk = 16)	Very High (Risk = 20)
	May occur at some time	Possible (Likelihood = 3)	Low (Risk = 3)	Medium (Risk = 6)	High (Risk = 9)	High (Risk = 12)	Very High (Risk = 15)
	Not likely to occur in normal circumstances	Unlikely (Likelihood = 2)	Low (Risk = 2)	Low (Risk = 4)	Medium (Risk = 6)	Medium (Risk = 8)	High (Risk = 10)
	Could happen but probably never will	Rare (Likelihood = 1)	Low (Risk = 1)	Low (Risk = 2)	Low (Risk = 3)	Low (Risk = 4)	Medium (Risk = 5)

Please note that this risk assessment has been completed using the above matrix to calculate severity, likelihood and overall risk scores.